

POSITION TITLE: Direct Support Worker/Unlicensed Personnel

DEPARTMENT: Home Care

SUPERVISOR: RN Supervisor

JOB SUMMARY:

This position is responsible for providing personal care and designated health-related services designed to maintain the client's physical and emotional well-being for those clients living at Bell Medial Services, Inc. This position assists clients with tasks of daily living as indicated on the Service Agreement, the Medication Administration Record (MAR), and other services as delegated by the RN.

QUALIFICATIONS:

- High School education and CNA/ NAR or HHA Certificate preferred.
- Experience in working with older adults.

SPECIALIZED KNOWLEDGE AND ABILITIES:

This position requires the incumbent to:

- Possess a sensitivity and aptitude for working with the elderly.
- Prioritize and organize work effectively and efficiently.
- Possess skills to communicate effectively with clients, families, staff and other customers.
- Possess the ability to read, write and comprehend simple instructions, correspondence and documentation, including medical terminology, in English.
- Be punctual with a good attendance record.
- Must demonstrate good interpersonal skills.
- Understand how to use, carry and be responsible for the cell phone while on duty.

ESSENTIAL JOB FUNCTIONS AND TASKS:

Job Function: Medication Administration

Tasks:

- Administer medications and give reminders to clients as required according to the Medication Administration Record (MAR) and as delegated by the RN Supervisor.
- Follow policy for administrating medications PRN standing orders.
- Follow policy and procedure for narcotic administration and documentation.
- Follow policy and procedure for medication administration when a client is leaving the building.
- Follows policy and procedures when receiving new or changed medication orders.
- Reorder medications and supplies weekly, or as needed.

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- Understand standard precautions used for infection control and adhere to them.
- Other medication administration duties as assigned by RN Supervisor.

Job Function: <u>Provide personal and direct care to clients</u> Tasks:

- Assist clients with activities of daily living as indicated on their individual service agreement (including, but not limited to dressing, showering, grooming, toilet assistance and escorting).
- Assist clients with daily room order and light housekeeping.
- Assist clients with personal laundry duties, which may include ironing.
- Maintain a clean and healthy environment.
- Promote independence, not dependence, with clients offering choices and fostering self-help skills.
- Perform routine procedures as delegated by the RN Supervisor.

Job Function: <u>Documenting and reporting</u> Tasks:

- Document any changes in clients' condition in the client chart and communication log. Report these changes to the RN Supervisor.
- Completes incident reports according to policy.
- Reports to RN Supervisor any medication changes or any PRN medications that have been administered to a client.
- Understands procedures regarding home care tasks and charting procedures when performing these tasks.
- Recognizing abnormal signs and symptoms, or changes in clients' condition.
- Documenting duties completed with clients on the service delivery record during each shift.

Job Function: Complete essential paperwork

Tasks:

- Filing papers in clients' charts as needed.
- Signing Medication Administration Records (MAR's) monthly.
- Reviewing and signing all new clients plan of care/ weekly service record and changes in current clients' plan of care.
- Reading the communication book and checking employee mailbox before the start of each shift.
- Checking outgoing US mailbox, collecting US mail delivered and distributing US mail and in-house mail to the clients.
- Other documentation as assigned and/ or needed.



Job Function: Knowledge and compliance with state regulations Tasks:

- Understand and adhere to the Vulnerable Adult and abuse policy, Bill of Rights and HIPPA.
- Works to assure facility is in compliance with federal, state and local standards and regulations.
- Complete a minimum of eight (8) hours of documented training.
- Be up to date with completing mantoux tests or chest x-rays.

Job Function: Activity Programming

Tasks:

- Encourage, gather and/ or escort clients to participate in scheduled activity programs.
- Lead activity programs as assigned.
- Socialize with clients and incorporate new ideas and client suggestions into programming.

Job Function: <u>Participate and function effectively as a team member</u> Tasks:

- Develop and maintain a positive working relationship with other Unlicensed Personnel's, housekeeper, Nursing staff, kitchen staff and other Bell Medial Services, Inc. staff.
- Provide back up to other staff as needed to ensure 24 hours staffing.
- Communicate information regarding clients care needs and changes to the team and families.
- Provide proactive and constructive participation in staff meetings.
- Be compassionate and work with tact and ethical awareness.
- Be flexible and adaptable to changing situations.
- Responds appropriately to safety hazards, fire, weather or emergency situations.
- Follow through promptly on requested duties.
- Assisted kitchen staff at meal times with set up, serving and clean up.
- Provide on-the-job training for new associates.
- Must be mature and emotionally stable using a calm and kind tone of voice.
- The ability to remain calm in difficult or unusual circumstances.

Job Function: Other duties as assigned

Tasks:

• Support the mission and values of Bell Medical Services, Inc.



Work Environment:

General Strength

Moderate Work Lifting 50 lbs. maximum with frequent lifting and/or carrying of objects weighing up to 10 lbs.

Use this scale to rate frequency of occurrence for each variable in tables below.

N = Never Not part of job requirements

S = Seldom Not daily, but included 1-3 times per week

O = Occasional Done intermittently throughout the day or week, but not more than 33% of the day or week.

F = Frequent Done at longer intervals throughout the day or week, 34%-66 % of the day or week.

C = Continuous

Done without intervals throughout the day or week, 66%-100% of the day or week.

Physical Factors

| | | Frequency (check one) | | | | | |
|------|---------------------------|------------------------|------------------------|------------------------|-------------|----------|---------------------|
| | | N | S | 0 | F | С | Comments (reference |
| | - · | | | | | <u> </u> | essential function) |
| 1. | Standing | | | | | | |
| 2. | Walking | Ц | l ∐ | | l ∐ | | |
| | a. on uneven ground | | | | | | |
| 3. | Sitting | | Ш | | Ш | | |
| 4. | Pushing Force | | | \boxtimes | | | |
| 5. | Pulling Force | | \boxtimes | | | | |
| 6. | Lifting (heaviest weight) | | | | | | |
| | a. from floor | | \boxtimes | | | | |
| | b. from table | | | $\overline{\boxtimes}$ | | | |
| | c. overhead | | | | | | |
| 7. | Carrying | | | \boxtimes | | | |
| 8. | Climbing | | | | | | |
| | a. stairs | | | \boxtimes | | | |
| | b. ladders | \boxtimes | | | | | |
| | c. scaffolds | $\overline{\boxtimes}$ | | | | | |
| 9. | Balancing | | | | | | |
| | a. narrow surfaces | \boxtimes | | | | | |
| | b. slippery surfaces | \boxtimes | | | | | |
| | c. moving surfaces | \boxtimes | | | | | |
| 10. | Stooping/bending | | | | \boxtimes | | |
| | Kneeling | | | \boxtimes | | | |
| | Crouching/squatting | | $\overline{\boxtimes}$ | $\overline{\Box}$ | \Box | | |
| | Twisting/turning | | | | | | |
| | Crawling | | | | | | |
| | Restraining | | $\overline{\boxtimes}$ | | \Box | | |
| | Reaching | Ī | | 同 | 同 | | |
| a. a | above shoulder | | | \square | | | |
| | b. below shoulder | 一 | | \square | | | |
| | c. at shoulder | П | | | ΙП | | |
| 17. | Neck motions | | | | | | |
| | a. static positions | Ħ | l П | | | | |
| | b. flexion | Ī | ΙП | | | | |
| | c. extension | | | | | | |

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| | | Frequency (check one) | | | | | |
|--|---|---------------------------------------|--------|--|-------------------------------|--------|--|
| | | N | S | 0 | F | С | Comments (reference essential function) |
| | d. rotation | | | | \boxtimes | | |
| 18. | Controls | | | | | | ⊠ Hand-Arm □ Foot-Leg |
| 19. | Handling | | | П | П | | |
| | a. simple grasping | | | | \square | | ☐One Hand 🛛 |
| | b. firm grasping | | | | $\boxtimes\boxtimes\boxtimes$ | | Two Hands |
| | c. pushing and pulling | | | | | | ☐One Hand ☑Two Hands |
| | | | | | | | ☐One Hand ☐Two Hands |
| 20. | Fingering | | | | | | |
| | a. fine manipulation | | | | | | |
| | b. writing | \sqcup | | | | | |
| | c. keying/typing | | | | | | |
| | Driving a vehicle | | | <u> </u> | <u> </u> | | |
| 22. | Other physical demands (describe) | | | | | | |
| | | Sensory Factors Frequency (check one) | | | ors | | |
| | | | requer | ncy (che | ck one | 1 | |
| | | N | | | | С | Comments (reference essential function) |
| 1. | Feeling/touching | | requer | ncy (che | ck one | C 🖂 | - |
| 2. | Talking | | requer | ncy (che | ck one | c × | - |
| 2. | Talking Hearing | | requer | ncy (che | ck one | C 🖂 | - |
| 2. 3. 4. | Talking Hearing Tasting/smelling | | requer | ncy (che | ck one | c × | - |
| 2. | Talking Hearing Tasting/smelling Seeing | | requer | ncy (che | ck one | c × | - |
| 2. 3. 4. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) | | requer | ncy (che | ck one | c × | - |
| 2. 3. 4. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) b. near vision (20 inches or less) | | requer | ncy (che | ck one | c × | - |
| 2. 3. 4. 5. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) b. near vision (20 inches or less) c. far vision (20 feet or more) | | requer | ncy (che | ck one | c × | - |
| 2. 3. 4. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) b. near vision (20 inches or less) | | requer | ncy (che | ck one | c × | - |
| 2. 3. 4. 5. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) b. near vision (20 inches or less) c. far vision (20 feet or more) Other (specify) | N | s S | o Control Cont | F | | - |
| 2. 3. 4. 5. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) b. near vision (20 inches or less) c. far vision (20 feet or more) Other (specify) | N | s S | o Control Cont | F | | - |
| 2. 3. 4. 5. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) b. near vision (20 inches or less) c. far vision (20 feet or more) Other (specify) | N | s S | cal Cor | F | | essential function) |
| 2. 3. 4. 5. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) b. near vision (20 inches or less) c. far vision (20 feet or more) Other (specify) | N | s S | o Control Cont | F | | - |
| 2. 3. 4. 5. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) b. near vision (20 inches or less) c. far vision (20 feet or more) Other (specify) | N | s S | cal Cor | F | | essential function) Comments (reference |
| 2. 3. 4. 5. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) b. near vision (20 inches or less) c. far vision (20 feet or more) Other (specify) E Work setting a. inside | N | s S | cal Cor | F | | essential function) Comments (reference |
| 2.3.4.5.6. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) b. near vision (20 inches or less) c. far vision (20 feet or more) Other (specify) Work setting a. inside b. outside | n | s S | cal Cor | F | | essential function) Comments (reference |
| 2. 3. 4. 5. 6. 1. 2. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) b. near vision (20 inches or less) c. far vision (20 feet or more) Other (specify) Work setting a. inside b. outside Extreme cold | n inviroi | s S | cal Cor | F | | essential function) Comments (reference |
| 2. 3. 4. 5. 6. | Talking Hearing Tasting/smelling Seeing a. near vision (reading) b. near vision (20 inches or less) c. far vision (20 feet or more) Other (specify) Work setting a. inside b. outside | n | s S | cal Cor | F | | essential function) Comments (reference |

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| | | Frequency (check one) | | | | | |
|-----|-----------------------------------|-----------------------|-------------|-------------|---|---|---------------------|
| | | N | S | 0 | F | С | Comments (reference |
| | | | | | | | essential function) |
| 5. | Exposure to blood | | \boxtimes | Ш | | | |
| 6. | Exposure to body fluids | | | \boxtimes | | | |
| 7. | Exposure to infectious disease | | \boxtimes | | | | |
| 8. | Loud noises | | \boxtimes | | | | |
| 9. | Vibrations | \boxtimes | | | | | |
| 10. | Atmospheric conditions | | | | | | |
| | a. Fumes/odor | | \boxtimes | | | | |
| | b. poor ventilation | \boxtimes | | | | | |
| | c. grease/oil | \boxtimes | | | | | |
| | d. dust | \boxtimes | | | | | |
| | e. gases | | | | | | |
| | f. other | \boxtimes | | | | | |
| 11. | Moving mechanical parts | | \boxtimes | | | | |
| 12. | Radiation | \boxtimes | | | | | |
| 13. | Caustic chemicals (describe/list) | | | | | | |
| | a. | \boxtimes | | | | | |
| | b. | | | | | | |
| | C. | | | | | | |
| 14. | Latex products | | \boxtimes | | | | |
| 15. | Wearing respirator | \boxtimes | | | | | |
| 16. | Exposure to poisonous plant | \boxtimes | | | | | |
| 17. | Exposure to insect/animal | \boxtimes | | | | | |
| 18. | Other (describe below) | | | | | | |
| | a. | | | | | | |
| | b. | | | | | | |
| | C. | | | | | | |
| | d. | | | | | | |

Mental Requirements

Do the essential job functions require the ability to do any of the following on a **regular** basis? Check the appropriate box for each item and describe as applicable.

| | | Yes | No | Comments (provide description) |
|-----|---|-------------|-------------|--------------------------------|
| 1. | Client/public contact-indicate percent of time of the work week | | | |
| 2. | Reading-describe level (e.g., technical, grade level of materials used, etc.) | | | |
| 3. | Writing-written communications required | \boxtimes | | |
| 4. | Simple arithmetic problems | \boxtimes | | |
| 5. | Mathematics-calculations requiring formulas | \boxtimes | | |
| 6. | Weighing and/or measuring-precise and accurate | | \boxtimes | |
| 7. | Attentiveness duration-maintaining constant alertness | \boxtimes | | |
| 8. | Attentiveness intensity-concentration required for accuracy | \boxtimes | | |
| 9. | Short-term memory-recall 2-3 days | | | |
| 10. | Long-term memory-recall from past education or event | \boxtimes | | |

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| | Yes | No | description) |
|---|-------------|-----------|-----------------------------|
| 11. Directing, controlling or planning activities of others | \boxtimes | | |
| 12. Transferring knowledge to unique situations-complex | | | |
| problem solving | <u> </u> | | |
| 13. Influencing people in their opinions, attitudes and judgments | | | |
| 14. Performing multiple tasks concurrently | \boxtimes | | |
| 15. Showing capacity for self-expression-feedback, teamwork | \boxtimes | | |
| 16. Working alone or apart, in physical isolation, from others | \boxtimes | | |
| 17. Attaining precise set limits, tolerances and standards | | | |
| 18. Working under unusual time constraints or set productivity standards | | | |
| 19. Shift work-other than day hours or variable start times | | \square | |
| 20. Ability to problem solve-simple data gathering, selecting from known options | | | |
| Management reserves the right to change job respons prevail. This document is for management communication written or implied contract of employment. | | | |
| I, have read the U | | | sonnel job description and |
| fully understand the conditions set forth therein, and I my knowledge and ability. | will pe | erform | these duties to the best of |
| Employee Signature Da | te | | |
| Supervisor Signature Da | te | | |